**WELCOME**

**Package Purchased:- Stay & Explore – Kinabalu Park  
 4 days / 3 nights (Package B2)**

**Day 1   Home - Kota Kinabalu**  
Arrive at Kota Kinabalu airport, transfer to hotel at city centre. Free at leisure. Overnight Grandis Hotel.

**Day 2   Kota Kinabalu - Kinabalu Park**After breakfast, transfer 2 hours to Kinabalu Park. Enroute visit Nabalu Market, Desa Cattle Farm, and Kundasang town. Upon arrival, visit Mountain Garden (fee RM3). Overnight Hill Lodge, Kinabalu Park HQ. (breakfast included)

**Day 3   Kinabalu Park**After breakfast, we recommend trekking in the following nature trails (no fees payable) in the cool air of Kinabalu Park, 6000 feet above sea level: -

(a) Silau Silau Trail - A popular trail as it is almost completely flat. Hike distance 3.1 km. Hike time 1 -1.5  
     hours.

(b) Liwagu Trail - The longest trail that follows Liwagu River that runs down the mountain. A peaceful  
 trail perfect if you prefer to hike by yourself. Along the way, climb over several water pipes, make  
 steep ascents and descent before reaching the car park area which is the trailhead of Mount  
 Kinabalu. Hike distance 5.6 km. Hike time 2 hours.

(c) Kiau Trail - This is a scenic trail with many species of colourful birds, ideal for bird watching, and   
 offers an excellent view over Kinabalu Park. Hike distance 2.3 km. Hike time 1 hour.

Restaurants at Kinabalu Park - There are many eateries outside the Park Entrance that serve delicious local cuisines at very reasonable prices. We recommend the restaurants inside the Park - Balsam Cafe near the Park HQ for lunch and Liwagu Restaurant near the accommodation buildings for dinner. They serve local and Western cuisines at reasonable prices and have great views of the Mount Kinabalu.  
  
Overnight Hill Lodge, Kinabalu Park HQ. (breakfast included)

**Day 4   Kinabalu - Home**After breakfast, free at leisure till transfer back to Kota Kinabalu and proceed to airport. (breakfast included)

**Include** – Accommodation, transfer, entrance fee and meal as stated.  
**Exclude** – Airfare, meals not stated, expenses of personal nature.

**What to bring –** Warm clothing, windbreaker,beach wear/swim suit, insect repellent, sun block,  
 hat/cap, flip flops, trekking shoe, wet bags, flashlight, long pants recommended.

**Flight Details -** Please advise your arrival and departure flight details by email: care@borneo- wilderness.com, so that airport transfer can be arranged for you.

**Emergency Contact:** +60-16-373-2803

Operated by:- Borneo Wild & Nature Tours Sdn Bhd (Co.No: 958519A) (No. Lesen: KPK/LN:6663) Kota Kinabalu, Sabah, Malaysia.